

# HIGH SCHOOL COLD LUNCH MENU

AUGUST 14 - SEPTEMBER 27, 2019



## WELCOME BACK TO SCHOOL

FIRST WEEK OF SCHOOL (8/14, 8/15 & 8/16)

WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSIC CLUB SANDWICH*</b> (turkey, bacon, cheese) FRESH VEGETABLE FRUIT	<b>ITALIAN SUB SANDWICH*</b> (ham, pepperoni, cheese) FRESH VEGETABLE FRUIT	<b>PASTRAMI ON FRENCH ROLL</b> FRESH VEGETABLE FRUIT OATMEAL RAISIN COOKIE

WEEKS (8/19, 9/2 & 9/16)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHICKEN CEASAR WRAP</b> FRESH VEGETABLE FRUIT	<b>TURKEY VEGGIE BAGEL</b> FRESH VEGETABLE FRUIT OATMEAL RAISIN COOKIE	<b>SANTA FE CHICKEN SALAD</b> FRESH VEGETABLE FRUIT CORNMEAL STAR MUFFIN	<b>PROTEIN LUNCH PACK</b> ✓ SUNBUTTER SANDWICH CHEESE STICK FRESH VEGGIE STICKS APPLE	<b>MEDITERRANEAN CHICKEN PITA</b> (chicken, lettuce, yogurt dill sauce) FRESH VEGETABLE FRUIT

WEEKS (8/26 & 9/9)

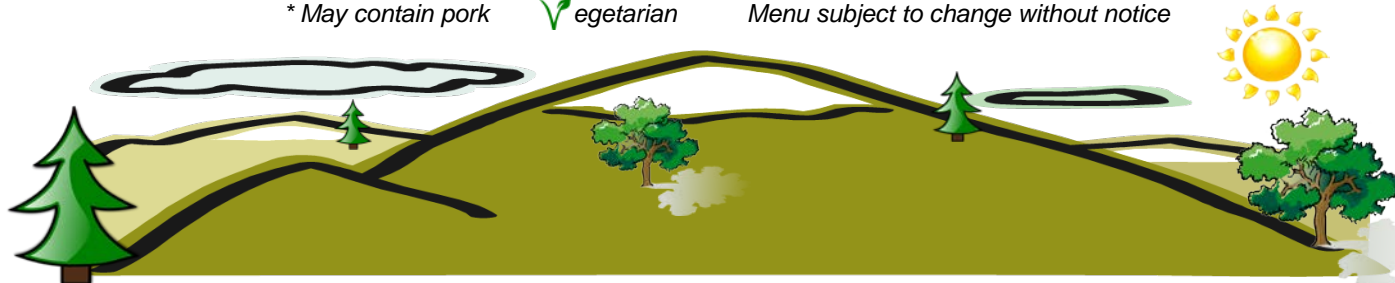
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSIC CLUB SANDWICH*</b> (turkey, bacon, cheese) VEGGIE SALAD FRUIT	<b>ITALIAN SUB SANDWICH*</b> (ham, pepperoni, cheese) FRESH VEGETABLE FRUIT CHIPS	<b>BBQ CHICKEN SALAD</b> FRESH VEGETABLE FRUIT CORNMEAL STAR MUFFIN	<b>HAM &amp; CHEESE PANINI*</b> VEGGIE SALAD FRUIT CORN CHIPS	<b>PASTRAMI ON FRENCH ROLL</b> FRESH VEGETABLE FRUIT OATMEAL RAISIN COOKIE

\* All Meals Include Vegetable, Fruit, Whole Grains and Choice of Plain 1% Milk or Non Fat Chocolate \*

\* May contain pork

✓ vegetarian

Menu subject to change without notice



For more information and other interesting School & Nutrition Information visit our website at: [WWW.NEVADACOUNTYCNS.COM](http://WWW.NEVADACOUNTYCNS.COM)

