

3/2/20

To our student, family, and staff Crew:

With the cold and flu season upon us and concerns about the novel coronavirus, now named COVID-19, we wanted to give you the most recent information and provide you with important tips to help you stay healthy this season and help prevent flu and other respiratory illnesses.

Given how quickly the global situation is evolving, we will be monitoring new developments and will continue to reevaluate our steps and actions. In the meantime, students and school staff should continue to practice the same precautions that they normally do during cold and flu season. To help prevent the spread of respiratory viruses, including the coronavirus and flu, follow these important tips:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Individuals with chronic health issues and/or individuals experiencing severe symptoms should be evaluated by a medical professional.
- The CA Department of Public Health does not recommend the use of face masks for general prevention and states handwashing provides better protection from infectious diseases.

As a reminder, if your child is sick, please keep them home from school. All children and staff members with fever (>100.4 F / >38C) should remain home from school and other activities until they have no fever for 24 hours, without fever-reducing medication.

It is important to remember that handling the spread of infectious diseases like COVID-19 is primarily a task for public health agencies. Any directives from the CDC, CA Department of Health Services, or local County Public Health should be followed.

The most updated current information on COVID-19 as it presents in the United States will come from the Centers for Disease Control, at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

The County has created the following resources and is encouraging folks to call 211 with questions (as reported by The Union newspaper) on 2/28/20:

Nevada County officials have launched an updated website in the wake of the COVID-19 virus: <http://www.mynevadacounty.com/2924/Coronavirus>.

Announcing the website Friday afternoon, county officials also said people can call 211 with questions. Additionally, they can subscribe to media releases about the virus at <http://www.mynevadacounty.com/stayinformed>.

If we receive additional local advisories for California or our County, we will provide updates to our school community.

The safety and wellness of our students and staff are a priority, and we thank you for your cooperation and support. We appreciate our school community and our families in helping us maintain a healthy and safe learning environment.

Best,



Erica Crane  
Principal/Superintendent