

HIGH SCHOOL COLD LUNCH MENU

AUGUST 14 - SEPTEMBER 27, 2019

WELCOME BACK TO SCHOOL

FIRST WEEK OF SCHOOL (8/14, 8/15 & 8/16)



WEEKS (8/19, 9/2 & 9/16)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CEASAR WRAP FRESH VEGETABLE FRUIT	TURKEY VEGGIE BAGEL FRESH VEGETABLE FRUIT OATMEAL RAISIN COOKIE	SANTA FE CHICKEN SALAD FRESH VEGETABLE FRUIT CORNMEAL STAR MUFFIN	PROTEIN LUNCH PACK SUNBUTTER SANDWICH CHEESE STICK FRESH VEGGIE STICKS APPLE	MEDITERRANEAN CHICKEN PITA (chicken, lettuce, yogurt dill sauce) FRESH VEGETABLE FRUIT

WEEKS (8/26 & 9/9)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSIC CLUB SANDWICH* (turkey, bacon, cheese) VEGGIE SALAD FRUIT	ITALIAN SUB SANDWICH* (ham, pepperoni, cheese) FRESH VEGETABLE FRUIT CHIPS	BBQ CHICKEN SALAD FRESH VEGETABLE FRUIT CORNMEAL STAR MUFFIN	HAM & CHEESE PANINI* VEGGIE SALAD FRUIT CORN CHIPS	PASTRAMI ON FRENCH ROLL FRESH VEGETABLE FRUIT OATMEAL RAISIN COOKIE

* All Meals Include Vegetable, Fruit, Whole Grains and Choice of Plain 1% Milk or Non Fat Chocolate *
 * May contain pork  vegetarian Menu subject to change without notice



